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Review

## Susanne Eman Fattest Woman Alive

Susanne Eman is a 32 year old woman who lives in Arizona. She is a single mother of two boys, one 16 and the other 12. This seems normal, right? You might wonder why I am doing a profile on Susanne. Well, what is not normal is Susanne wants to be the fattest mother in the world.

Ever since Eman was a little girl she told reporters she was never a thin girl but not too fat either, just chunky. In high school Eman weighed around 300 pounds. Then from age 20 to 30 she gained 200 pounds, weighing in at 500 pounds. She said “The weight wasn’t intentionally gained. Though, I noticed that I liked the way the weight felt, and the way my body was filling out” (Little).

Today Eman tips the scales at 700 pounds, but she is not even close to her goal. Her goal is to reach 1,600 pounds. At the rate is going she believes she will reach her goal at around age 42 (Little).



Figure 1 Susanne going on one of her walks



Figure 2 Susanne and her two boys shopping

Once a month Eman, and her two boys make their run to the super market. They spend about eight hours to fill six shopping carts full of food for that month.

Eman eats around 21,000 calories a day.

For dinner alone, Eman eats 12 filled tacos, 8 scoops of ice cream with brownies. She claims her sons have a normal diet (I'm Supersizing to be...).

Eman loves being this fat and gets more attention from guys now than she used to in the past. She says she is free now and has more self-confidence than she ever has. She wants to prove to the world that being fat is not a bad thing. She thinks and wants to prove that she can weigh over a ton and still be healthy. Every day she exercises by going on a waddle and stretching. She needs to keep her muscles strong so that they can hold up her heavy weight (Eman).

Eman takes her blood pressure and blood sugar levels once a week. If her vital signs go above normal she will contact her doctor. She states she has not gone close to the danger zone yet. While she says all of this, her doctor says otherwise. Dr. Patrick Flite warned "She's playing Russian roulette with her life. Obese people are more likely to have heart disease, strokes and osteoarthritis. But she's capable of making her own decisions" (Little).

Eman is online on a ton of different websites. She is found under Super- Sized Big Beautiful Woman (SSBBW). She is a model for super-size web sites and even has her own web page. Depending on who you ask, amazingly her shape is a turn on for some men.

The fact that she wants to be the fattest woman alive is not the issue here. For all I care she can do her suicidal task. It does not hurt me or most of the world. The issue is how selfish she is. She has two little boys to take care of. What lesson is she teaching them? It is certainly not to be healthy and take care of your body, instead to push it to the limit. While I know her sons have normal diets right now, it does not excuse the fact of what might happen in the future and the psychiatric problems it is putting on these boys. This is all going without saying these boys might not even have a mother anymore before they reach the age 18. Eman said if anything were to happen to her she would arrange for the kids to stay with her sister. I respect that she has a plan but she is pushing the limits on death at such a young age. These are just the effects of the immediate family. Eman is making herself known nationally; she wants to get her message out there. She wants to tell other obese people it is okay the way they are and just to embrace it. I don't think this is the message we should be telling this, already, obese nation. I am definitely not saying that obese people should not love who they are. But rather I am saying love who you are and make a healthier, longer, happier life for yourself. We should be doing the opposite of what Eman is and help get out of this epidemic we are in. We should be sheading the pounds as a nation, not pilling them on. Being obese is very dangerous and is almost the number one cause of preventable deaths in the United States. Obesity has numerous side effects like health problems and strokes. It is not a matter that should be taken lightly or act like it's okay, because it is not. I know most people are not as extreme as Eman is being. I just never want it to get that bad where to world starts thinking obesity is okay and not dangerous.

Eman is taking things to the very most extreme to be the fattest woman in the world. She lives her life by gaining weight. Every day she drags her two sons into it. I think what she is doing is very dangerous and selfish. Obesity is an epidemic in the United States, and should not ever get as far as Susanne Eman is taking the weight limits. We need to learn from Emans mistake and take weight in the opposite direction.

Works Cited

Eman, Susanne. "Welcome to SusanneEman.com." Node Thirty Three. Web. 23 March 2012.

"I'm Supersizing to be the World's Fattest Woman, Says 52st Mother of Two." *Mail Online*. 17 Aug. 2011. Web. 23 March 2012.

Little, Emma. "World's Fattest Woman at 52 STONE and She's Guzzling Grub to be Heaviest EVER." *The Sun*. 18 Aug. 2011. Web. 23 March 2012.

**Images Cited:**

Figure 1: "I'm Supersizing to be the World's Fattest Woman, Says 52st Mother of Two." *Mail Online*. 17 Aug. 2011. Web. 23 March 2012.

Figure 2: Little, Emma. "World's Fattest Woman at 52 STONE and She's Guzzling Grub to be Heaviest EVER." *The Sun*. 18 Aug. 2011. Web. 23 March 2012.